

# IgG ELISA 96 Food Panel



Sample Patient  
DOB: 00/00/0000

REQUISITION: 0000000  
COLLECTION DATE: 00/00/0000  
RUN DATE: 00/00/0000

Sample Doctor, M.D.  
City, State, 00000

TEST	SCORE	CLASS
<b>MEAT &amp; POULTRY</b>		
Beef	0.196	0
Chicken	0.161	0
Lamb	0.172	0
Pork	0.176	0
Turkey	0.168	0

TEST	SCORE	CLASS
<b>FISH &amp; SHELLFISH</b>		
Clam	0.233	1 *
Codfish	0.167	0
Crab	0.197	0
Haddock	0.184	0
Lobster	0.198	0
Salmon	0.172	0
Scallop	0.186	0
Shrimp	0.182	0
Sole	0.178	0
Swordfish	0.180	0
Tuna	0.193	0

TEST	SCORE	CLASS
<b>DAIRY &amp; EGG</b>		
Cheddar Cheese	0.183	0
Cottage Cheese	0.196	0
Egg, White	0.218	1 *
Egg, Yolk	0.220	1 *
Milk, Cow's	0.197	0
Mozzarella Cheese	0.192	0
Yogurt	0.193	0

TEST	SCORE	CLASS
<b>BEVERAGES &amp; MISC</b>		
Black Tea	0.192	0
Cocoa	0.192	0
Coffee	0.185	0
Honey	0.210	1 *
Yeast, Baker's	0.375	2 **
Yeast, Brewer's	0.254	1 *

TEST	SCORE	CLASS
<b>VEGETABLES</b>		
Asparagus	0.182	0
Bell Pepper	0.175	0
Broccoli	0.180	0
Cabbage	0.194	0
Carrot	0.232	1 *
Cauliflower	0.172	0
Celery	0.176	0
Cucumber	0.189	0
Eggplant	0.192	0
Garlic	0.171	0
Green Bean	0.182	0
Kale	0.196	0
Kelp	0.268	1 *
Lettuce	0.233	1 *
Mushroom	0.213	1 *
Olive, Green	0.183	0
Onion	0.177	0
Potato	0.191	0
Potato, Sweet	0.192	0
Spinach	0.181	0
Squash	0.185	0
Tomato	0.185	0

TEST	SCORE	CLASS
<b>LEGUMES &amp; PULSES</b>		
Green Pea	0.188	0
Lima Bean	0.188	0
Peanut	0.180	0
Soybean	0.198	0

TEST	SCORE	CLASS
<b>NUTS, SEEDS &amp; OILS</b>		
Almond	0.188	0
Cashew	0.197	0
Chia Seed	0.159	0
Cola	0.197	0
Safflower	0.228	1 *
Sesame	0.191	0
Sunflower Seed	0.191	0
Walnut	0.189	0

TEST	SCORE	CLASS
<b>FRUITS</b>		
Apple	0.218	1 *
Avocado	0.185	0
Banana	0.189	0
Blueberry	0.186	0
Cantaloupe	0.174	0
Coconut	0.192	0
Grape	0.232	1 *
Grapefruit	0.188	0
Lemon	0.189	0
Orange	0.174	0
Peach	0.184	0
Pear	0.197	0
Pineapple	0.177	0
Strawberry	0.193	0
Watermelon	0.190	0

TEST	SCORE	CLASS
<b>GRAINS &amp; STARCHES</b>		
Barley	0.233	1 *
Bran	0.227	1 *
Corn	0.185	0
Gluten	0.259	1 *
Malt	0.326	2 **
Oats	0.177	0
Rice	0.225	1 *
Rye	0.279	1 *
Wheat	0.576	3 ***

TEST	SCORE	CLASS
<b>HERBS, SPICES, FLAVORINGS</b>		
Basil	0.190	0
Bay Leaf	0.186	0
Black Pepper	0.210	1 *
Cinnamon	0.183	0
Dill	0.195	0
Ginger	0.190	0
Mustard	0.186	0
Oregano	0.196	0
Tarragon	0.224	1 *

Reference Range G70 - 13737  
 <= 0.199 = 0    0.200 - 0.299 = 1    0.300 - 0.399 = 2    >= 0.400 = 3  
 Note: 0.185 - 0.215 should be considered equivocal

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